

# “The Energetic Language of Therapeutic Touch®”

## A Basic Therapeutic Touch Seminar

“Therapeutic Touch is a holistic evidence-based therapy that incorporates the intentional and compassionate use of universal energy to promote balance and well-being.”

### ***Learn the Authentic Therapeutic Touch & How You Can Enhance Genuine Healing***

**When: 4 Tuesdays: Jan 5, 12, 19, 26, 6-10 PM, Seminar/Workshop Approved by Florida State Boards Provider #50-1028**

**What: Basic Therapeutic Touch, 16 Contact Hours. Cost = \$295 & \$25 for CEs. Payment Plans & Group Discounts Available.**

**Where: Integrated Health Care Systems, St Petersburg, FL**

**Who:** Nurses, ARNPs, CNAs, Licensed Social Workers, Mental Health Counselors, Marriage & Family Therapists, Licensed Massage Therapists, Go to CEBroker.com for all boards. **All Health Professionals & Lay People are welcome.**

**Instructor:** Shirley Spear Begley, RN, BFA, HNB-BC, CCHT, NCTMB, QTTT, Internationally Qualified TT Teacher, ©Integrated Health Care Systems

**For More Information, Questions & Registration:** Contact Shirley Spear Begley at 727-867-2666 Ext 1, go to IHCSonline.com, or email IntegratedHCS@gmail.com. For Registration Form & Policies go to IHCSonline.com & select Registration.

### **COURSE OBJECTIVES**

- Learn Therapeutic Touch (TT) & apply the phases of the Therapeutic Touch process during supervised practice sessions.
- Identify basic theoretical assumptions & scientific frameworks central to TT, its international code of ethics and acceptance in conventional healthcare.
- Learn how to incorporate TT for personal health and into clinical practice through a Mentorship Program that nurtures your ability and growth.
- Discuss research of over 40 years validating the effectiveness of TT in pain, immunity, stress, wound, fracture healing, burns, bereavement, childbirth & diminish the side effects of chemotherapy, radiation & more. TT is known from research to enhance relaxation within 2 - 4 minutes.

**\*Therapeutic Touch (TT) is a scientific nursing intervention,** first taught at New York University in 1972 by Dolores Krieger, PhD, RN. TT practiced by many healthcare professionals & utilized in hundreds of medical centers in the US & abroad. **Since the 1980s, Shirley has taught this method to 1000's of health care professionals.** As a pioneer in integrative health care, she is a published author & international conference lecturer. **Shirley was selected by Dr. Krieger as Director for the TT Invitational Mentorship Program to guide and help practitioners integrate TT experience & knowledge.** She is Executive Director of Integrated Health Care Systems in St Petersburg, FL and works with Suncoast Hospice. Shirley is a qualified TT teacher credentialed by Therapeutic Touch International Association/Nurse Healers Professional Associates, Inc. to assist practitioners to become Internationally Qualified in